



2022

Rockingham
District
Hockey
Club



FROM THE **President**

Alan Mills

The club is probably in the best financial position it has ever been in, despite all the capital items we have acquired over the last 5-6 seasons...

...

New LED scoreboard, (which is generating income.)

New outdoor blinds for spectators.

New electronic trophy cabinet, thanks to Georgi & Kaylee.

New tills for the facilities.

New technical bench.

New ball machine.

New lights.

And of course, our new turf.

Big thank you to Neville Ford and Chris Pieri for helping me design our new fold down barrier fences. They look like costing us around \$27k and hopefully we will qualify for a grant. This fence will be an extension for training across field. The grandstand side will fold down, which means there will be no loss of viewing during games.

Congratulations to all teams that made the finals, in particular, those that made it into their grand finals, our Men's 1, Men's 4, Men's 5

and our Masters Ladies. The Mens 5 had the quinella, both Minor and Major Premiers.

Special thanks to our Head Coach, Matt Wells, who did a great job this season coaching both our Men's and Women's 1s. The continued consistency of our Men's 1 side, resulted in promotion from Premier 3 to Premier 2; our highest grade achieved. The new lineal grading system means the promotion is guaranteed (if we earn it), not like previous systems in Provisional 1 with a stacked grading playoff system, designed by the bigger clubs.

We must make sure we are represented at all HWA meetings in a couple of years, when the bigger clubs will try to reverse this trial grading system. At the same time, huge effort is needed by us to improve and make stronger our seconds teams.

continued...

I would like to remind members what our main objective of planning for the Divisions was; we must have a strong seconds team, which in turns makes a strong first team. (In both genders of our 2s teams, we did extremely well considering the lack of players.)

With the right advertising and members keen to take advantage of the higher Prem 2 grade, we could see a lot of new members next season.

It is a time that all members can help us invest in our future, by just offering to help occasionally or as much as you can.

I would like to thank all our very hard-working Board Members. Special thanks to the outgoing members, who did fantastic work in the job they volunteered to do. A lot of people do not appreciate the amount of time and effort all Board Members put in. We are losing great Board Members in Georgi, Rachel, David & Damien.

Thank you to all our Senior, Junior and Minkey/Grad Coaches and Team Managers. Thanks also to all members that performed duties around our facilities.

This was my 40th consecutive year with the club and I can say it had to be the hardest as far as administration goes. Once the borders re-opened, COVID made our stretched numbers even lower. Lack of endeavour by members at training made the Boards efforts

ever so hard.

January to March, despite the Board Members frantically trying to get some involvement happening, no one was attending training, except the Men's top squad. No woman at all, other than mostly Juniors trying to make the first two teams and I think even that was about 12-15 girls training at the start of the season. The rest of the Men's sides were somewhere, but not at training. The Vets had more at training!

Our Juniors were similar with lack of numbers. We must double or treble our Junior numbers over the next season, then each year after.

We put into place a School Development Officer, John Wood, in 2019 with immediate results and this just started making ground for the start of 2020 when COVID hit and smashed it.

Recruitment, advertising and coaching Juniors is the most vital thing we need to do for the club over the coming years.

And we have the finances to make it happen.

Finance is only one part though; we still need people. This can only be done with a lot of hands helping. We have over 30 schools in this area. Possible candidates to help with our 'Schools Programme' would be anyone with spare time on weekdays, perhaps Uni students/FIFO's/shift workers?

continued...

*"My belief, at the present moment,
is that our club is at crossroads of failing...
...or taking the next step to be a major club."*

Through David and Rachel, who have put in an enormous amount of work this year, we began a 'Junior Academy', run by our friend Ian Healy (who is now Development Officer for HWA). This academy was only possible through the sponsorship from *Agrishop* and *Cottage Engineering*. We are hopeful that this academy will not only improve our Junior players playing skills, but give these selected players a new pathway into HWA Academies and possible State sides.

HWA were going to bring in a mandatory rule this season, but now it's supposed to begin in 2023. You may have noticed an increase in the numbers of clubs wearing an alternative strip. This is what the mandate will be; a requirement that all clubs have an alternative strip.

The Board has decided, and advised HWA, that we will run with the two strips we already have in place. **THE RED STRIP** (that our 1s currently wear) will now be our **MAIN STRIP** for the whole club. Our existing **BLACK STRIP** (that all other teams wear) will be our **ALTERNATIVE ONE**. Shorts and skirts remain the same.

One must note, that once mandated, no player will be allowed on the field if not in the correct strip, which also includes socks. If a player is not wearing the correct strip, and is protested against, they must leave the field.

The price to members for the new strips will be charged at cost; in the vicinity of \$30 for shirts and \$12 for the socks. It's suggested that

members may wish to also use their alternative strip/black strip for training. Any new players to the club will get a special price for the black strip.

We welcomed three new Life Members in 2022. Each are very long serving members and still very active within the club; Katherine Anson, Tom Hunter and Dave Klinck.

Simon Clifford won our Club Persons award, for his untiring volunteer work.

"I am asking what every President has for the last 35 years and really, it's a plea. We need more member help, if we want to improve our club."

Be proactive in the summer season, encouraging past members and others to join the club and early in the pre-season, so we can nominate the correct numbers of teams.

Hope to see you all and more in 2023.

PRESIDENT Alan Mills



MENS DIV 9 GOLD GRAND FINAL

MELVILLE 7 **1** **3** RDHC 5

Major & Minor Premiers

MENS PREMIER 3 GRAND FINAL

RDHC 1 **2** **3** VIC PARK 3

Minor Premiers

MENS DIV 8 GOLD GRAND FINAL

RDHC 4 **0** **2** REDS 5

WOMENS 0/35 DIV 3 GRAND FINAL

MODS **2** **1** RDHC

MENS O/50 DIV 4 SEMI FINAL

HALE 3 **3** **2** RDHC



Awards

JUNIOR UMPIRE	Maddison Fallon
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RISINGS STARS	Jaimie Sewell Lex Krige
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JUNIOR COACH	Todd Ford
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SENIOR COACH	Matt Wells
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CLUB PERSON	Simon Clifford
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LIFE MEMBERS	Katherine Anson Tom Hunter Dave Klinck
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Junior Awards

	FAIREST & BEST	R/UP FAIREST & BEST	COACHES AWARD
GIRLS J5/6 DIV 2 BLACK	Alyssa Baggio	Nikita Sadler	Maria Barbosa
BOYS 1 J5/6 DIV 2 GOLD	Ashton Tinnock	Trey Phillips	Alex Benson
BOYS 2 J5/6 DIV 3	Rory Robinson	Mason Baggio	Charlie Cox
GIRLS J7/8 DIV 3	Sophie Taylor	Taryn Byrne	Bronte Macdonald
BOYS J7/8 DIV 4 GOLD	Tate Redfern	Olly Benson	Arun Rajayogan
GIRLS J9/10 DIV 3	Chloe Phillips	Caitinn Fallon & Mikayla Sandwell	Siella Robinson
BOYS J9/10 DIV 4 GOLD	Hamish Facey	Travis Willcox	Max Pereira
GIRLS J11/12 DIV 2	Kyra White	Maddison Fallon	Kobi Turvey
BOYS J11/12 DIV 2	Art Hills	Bryce Illingworth	Riley Kennaugh





Senior Awards

	FAIREST & BEST	R/UP FAIREST & BEST	TEAM PLAYER
WOMENS 1 PREMIER 3	Jaimie Sewell	Petra Verster	Roberta Walton
MENS 1 PREMIER 3	Christian Oskam	Brett Webb	Tom Hunter
WOMENS 2 DIV 6	Maddi Fallon	Sarah Johnson	Mikayla Stephens
MENS 2 DIV 6	Tom Meerton	Dave Klinck	Dave Klinck
WOMENS 3 DIV 7 GOLD	Kellie Harold	Jodie Laver	Sabrina Earle-Sadler
MENS 3 DIV 7 GOLD	Sam Uren	Ty Germein	Blair Voitkevich
WOMENS 4 DIV 9 GOLD	Gemma Giles	Jenna Hale	Georgi Jackson
MENS 4 DIV 8 GOLD	Lee Hansord	Zhane Robertson	David Buckley
MENS 5 DIV 9 GOLD	Jace Baldoni	Tim Price	Tim Manning
WOMENS MASTERS O/35 DIV 3	Liana Thomson	Elleke Bosworth	Kirstie Potter
MENS MASTERS O/50 DIV 4	Peter Mullins	Ken Donovan	Gary McRae

Congratulations!

TO OUR MEMBERS THAT ACHIEVED
PERSONAL AWARDS & SUCCESS IN 2022.



JOY COX

Joy was the 2022 winner of the JOHN BROWN LIFETIME ACHIEVEMENT MEMORIAL AWARD in the RCC's annual Sports Star Awards.

We already knew she was a flammin' champion and now with her name joining the honour board, so does the rest of Rockingham.

Thank you Joy for everything you have done and continue to do for RDHC.

PHOTO COURTESY OF THE CITY OF ROCKINGHAM

PETRA VERSTER

National Championships U15 Girls Gold Team : SILVER MEDALISTS

JAROD CRICK

National Championships U18 Mens Gold Team : GOLD MEDALISTS
2022 Hockey Australia Mens Future (U18) Squad

BELLA RUTTER

National Championships U18 Womens Black Team

NIKITA SADLER

12 & Under State Schools

DONNA MCKEOWN

National Championships U15 Boys Black Team ASSISTANT COACH

PETER FORD

HEAD COACH U13 Boys Team (STORM) WA State Hockey Team



ROCKINGHAM DISTRICT HOCKEY CLUB'S

PREMIER LEAGUE DAY

30TH JULY 2022

RDHC IS EXCITED TO HOST OGMHC & BRING WA'S PREMIER HOCKEY GRADE TO ROCKINGHAM

JUNIOR CLINIC 12PM - 1PM
WITH O.G. KOOKABURRA CHRIS CIRIELLO & PREMIER 1 PLAYERS
FREE SAUSAGE SIZZLE FOR ALL PARTICIPATING KIDS!

WOMENS DIV 5 12:30PM
OGMHC v MELVILLE 4-4

MENS DIV 4 2PM
RDHC v BLADES 3-4

MENS PREMIER 1

OGMHC v FREMANTLE COCKBURN

2PM

MENS PREM 3 3:30PM
OGMHC 2 v MELVILLE 3

MENS DIV 7 GOLD 5PM
RDHC MENS 3 v FREO CO 5

MENS DIV 9 GOLD 6:30PM
RDHC MENS 5 v FREO CO 7

*** FREE ENTRY ***

BAR & CANTEN OPEN RUCKY'S MEALS FROM 5:30PM

ROCKINGHAM DISTRICT HOCKEY CLUB
LARK HILL SPORTSPLEX, PORT KENNEDY

THIS EVENT MAY BE POSTPONED OR CANCELLED. WE WILL UPDATE VIA FACEBOOK SHOULD THIS OCCUR.



A massive thank you to the players of OGMHC who spent the morning running a training session with our Juniors. It was fantastic, the kids loved it and upskilled!

www.facebook.com/rockinghamredbacks

TO COVID. RDHC WILL UPDATE VIA FACEBOOK SHOULD THIS OCCUR



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WOMENS DIV 5 12:30PM OGMHC v MELVILLE 4 +
MENS DIV 7 GOLD 5PM RDHC MENS 3 v FREO CO 5
MENS DIV 4 2PM RDHC v BLADES 3 +
MENS DIV 9 GOLD 6:30PM RDHC MENS 5 v FREO CO 7

MENS PREMIER 1

OGMHC v FREMANTLE COCKBURN

2PM

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www.rockinghamhockey.org.au www.facebook.com/rockinghamhockey

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ROCKINGHAM DISTRICT HOCKEY CLUB

FOOD, DRINKS, MUSIC, HOCKEY & GOOD COMPANY!
COME CHILL WITH RDHC ON...

Saturday Night

2nd July 2022

\$5 a ticket (get 'em at the bar!)

Music from DJ Steve Branson
Playing 6:30pm till late

Rucky Cooks Oin Oins!
From 5pm to 8pm
Thai Green Curry & Rice \$10
Spring Rolls \$5

SENIOR GAMES ALL AFTERNOON

Womens 2s	12:30pm	vs. Vic Park 4
Womens 1s	2pm	vs. Praegeruckham
Mens 1s	3:30pm	vs. Lions 2
Mens 2s	5pm	vs. Vic Park 4
Womens 4s	6:30pm	vs. Kalamunda 3

www.rockinghamhockey.org.au/ www.facebook.com/rockinghamhockey



ROCKINGHAM DISTRICT HOCKEY CLUB

CASINO NIGHT

20TH AUGUST 2022 7PM

TICKETS \$15
(INCLUDES \$400 FUNNY MONEY)

ADDITIONAL CAN BE PURCHASED ON THE NIGHT
\$1 - \$100 (FUNNY MONEY)

RAFFLES & PRIZES DURING THE NIGHT
PRIZE FOR BEST DRESSED
"BOND THEME"

16+ FOR ALL RDHC MEMBERS,
FRIENDS & FAMILY

TICKETS AVAILABLE AT THE RDHC BAR
& FROM YOUR TEAM MANAGER

COVID PRECAUTIONS

www.rockinghamhockey.org.au www.facebook.com/rockinghamhockey



Juniors





FROM THE

Junior Director

Rachel Ward

In a blink of an eye, another season of hockey has wrapped up at RDHC and our Juniors did the club proud...

...participating, improving and most importantly having fun.

At the start of the season, our biggest concern was a lack of numbers across all Divisions. After phone calls, emails, numerous discussions and (no shame!) persistent pleading and asking current players to bring along a friend, we rustled up enough players to have nine teams represent Rockingham in the Hockey WA Junior competition.

As the season progressed, new and returning players filtered in and were a welcome boost to teams and it was great to see so many new, eager faces out on the fields, joining in with everyone, learning the game and new skills at the same time of making new friends.

Our Coaches and Managers did an amazing job, preparing the kids for

the season and then balancing the numbers when COVID and flu's stomped over any and all plans! We had to concede a few forfeits this year, but this was a common theme with all clubs in the competition and the teams bounced back each week.

Words are never enough to thank these Volunteers who put so many hours in with the Juniors!! Thank you to all the Junior Coaches and Team Managers of 2022... TODD, GEOFF, IAN, MAT C, KELLIE, MICK, MATT R, JOHN, TRENT, DAVE, SUSIE, CHRISTIAN, KAITIE, JESSE, MELANIE, KYM, VYNNIE, KEVIN, oh and ME! It's not always the easiest job, but you have all done it impeccably. Thank you for volunteering and keeping the kids loving hockey!

continued...

In conjunction with Coaching Director David and with the backing of two of our Sponsors, Cottage Engineering and Agrishop, this year we introduced the Junior Academy, run by Hockey WA's Performance and Development Coordinator, Ian Healey.

These were invitational only sessions, with criteria being based on players aptitude and attitude. The idea behind which, was to create extra opportunities for further development at a higher level and hopefully help create more pathways for our Juniors, who are aiming towards State level and beyond. Having the academy running alongside team training, allowed our Junior Coaches an opportunity to really focus in on fundamentals in a smaller group setting with the result being a stronger all-round team on game day.

Sarah Blake, along with the many parent helpers, coordinated another wonderful season for our Minkey Grads. Again, being at the mercy of the sweaty palms of COVID, meant numbers fluctuated each weekend. Many of our Grad's were called up to bolster numbers in the J5/6 teams and I commend them on the fantastic efforts they put into their games. Thank you to Sarah and the team of parent helpers, there bright and sparky each Saturday morning, shaping our stars of the future.

Our School Development plans were thwarted by...well, you can guess!!! The Covid restrictions placed on schools restricted our access in promoting hockey in schools. Over the past few years this has been a big factor for generating member numbers in our Juniors and will be a key focus for 2023. With special thanks to John Wood, Tegan Crick, Sarah Johnson (and myself) for volunteering their time to coach these sessions.

RDHC Juniors participated in two major carnivals this year. Our J9/10 girls represented at the Fuel to Go Championships in July and, everyone's favourite, the Bunbury Carnival. (What's the WA Day long weekend without a road trip south?!) Both carnivals were exciting and fun, the Juniors did the club proud. Thank you to Todd Ford, who helped me work out the best solution for as many players as possible to represent the club!

Special mention to Petra Verster, Bella Rutter on reaching State level and Nikita Sadler on selection into State Schools. Fantastic achievements. Also, a big well done to all Juniors who not only filled in for multiple J-teams, but also played up into Seniors as well, some for the first time.

"Thank you to the parents and carers, who did the driving, the washing, the wake-up calls, the canteen, the bar and still found time to cheer on the kids from the sidelines and support the club."

continued...

This season I have decided to hand over the reigns of Junior Director and whilst I will admit, it's not always been straight forward and there have defiantly been some challenging moments, seeing the kids out there having fun and developing into awesome hockey players, makes it all worthwhile. I would like to thank the people and of course all the Managers and Coaches who have helped and supported me over the past few years, which without your help and support I would not have lasted!

Dave Buckley, thank you for being there for the chats as I drive to and from work (my hockey office) as we try to work out how to get coaches, players and get the academy going.... we always had a cunning plan!

Georgi Putland, who is an absolute legend and always there to support me.

Derek Robinson, thank you for always keeping me on track with my Junior umpire and school development payments, the endless receipts for carnival payments with Bunbury and the Fuel to go tournament!

In 2022, I established a Junior Committee with the help of Danine Powell and Carmen Clifford, where parents and carers have the opportunity to be really involved with the now and the future development of Junior hockey at RDHC.

The Board would like to encourage as many people as possible to be a part of the Junior Committee, to share the workload, you don't need to have hockey knowledge! It's not sustainable for a few to hold it all together and the benefits of volunteering and being a part of the club will reflect in the kids having a fun and successful 2023.

For some of us, hockey is for fun, fitness and friends. For some of us, hockey is life. Whatever your direction, keep it up!

"You have all been through a lot in the past couple of years and from it, you have learnt, grown and become stronger, maybe in ways you don't even know."

Well done to all Junior players; you are all amazing!

JUNIOR DIRECTOR Rachel Ward

JUNIORS END OF 2022 SEASON WIND UP & PRESENTATIONS DAY

10TH SEPTEMBER 2022
1PM - 6PM

BUBBLE SOCCER 1PM - 4PM
FOOD FOR THE SOUL INCLUDED
(BURGER & CHIPS)

PRESENTATIONS
FROM 4:30PM

COME & ENJOY THE FUN
AT THE CLUB!

Junior Presentation Day



AT THE CLUB

ROCKINGHAM DISTRICT HOCKEY CLUB'S
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Bunbury Carnival

Rachel Ward

Another year, another spectacular Bunbury Hockey Carnival!

...and for once, one that didn't involve trying to dodge the rain and run for cover; the sun shone all weekend on our Juniors!

This year we entered four teams; a J5/6 Boys & Girls Merge, J7/8 Girls, J7/8 Boys and a J9/10 Girls. In total, 60 Juniors represented our club. Despite not having enough players for a J9/10 Boys team, 3 of our Rockingham boys pulled on the Tigers jersey and helped Kwinana field a full team at the carnival.

To the Coaches and Managers, a huge thank you for all your efforts and assistance in helping the Junior Director plan and coordinate this years annual pilgrimage- it is a huge challenge every year to pull things together and one that requires us all to work together to achieve the best results for our Juniors.

Todd Ford, Geoff Tinnock, Matt Cox, Matt Rutter, John Wood, Christian Oskam and David Klinck; your efforts are greatly appreciated and the parents and club thank you!

Thank you to Lee Hansord and Matt Cox for taking the club flag and gazebos and setting up an area for us all the meet. Even though we were spread out across the venue on different pitches, we managed to get a good 80% in one location for the team photo.

And last but certainly not least, thank you to the parents and players for representing the club with great pride and excellent sportsmanship- GO REDBACKS!

See you all next year, same time and place- what else do you want to do on the WA Day Long Weekend?! Don't forget to book your accommodation early and avoid disappointment.

Remember, if you want to help plan next year or have any great ideas for accommodation or how we can improve the experience for everyone, pop your hand up and join the 2023 Junior Committee.

JUNIOR DIRECTOR Rachel Ward

BUNBURY CARNIVAL

To all who took photos of the Bunbury Carnival, you have done an amazing job in recording this event for the Juniors to remember and enjoy for years to come. Thank you so much!!!

Sources: multiple amazing RDHC Junior supporters



BUNBURY CARNIVAL



BUNBURY CARNIVAL





J9/10 "Fuel to Go" Championships

13th/14th & 16th July 2022

Whilst the rest of the Juniors enjoyed a well-earned rest over the school holidays, the J9/10 Girls headed off to PHS to take part in the FUEL TO GO CHAMPIONSHIPS. This was a combined entry from the girls eligible from J11/12, J9/10 and J7/8.

If you remember those three days, the sun shone for the first day and then the heavy rain set in on Thursday. But this didn't deter the girls from giving their best effort on the field. Rockingham put on an excellent performance and only lost 2 of their 9 games over the 3 day tournament!

The competition was a great way for the girls to learn and develop their skills and try out new positions and work on set plays- with lots of laughter, singing and dancing along the way. Who doesn't warm up to the blasting sound of the Macarena?!

The first day was grading of the 16 teams, split into three leagues and this then set the Divisions for the next 2 days. The girls were very unlucky not to finish higher in their league, losing a 1-0 lead to Peel in an after time short corner. This was hard to take but the girls took it in their stride.

The girls finished 4th overall in Div 2 and played against Southern River in the play off for 3rd and 4th. They played their hearts out and came away with a well deserved 1-0 win!

A big thank you to the parents, who are the true heroes of the week! Getting up early and driving to PHS for games at 8:30am! Picking up players on the way, for parents who could not get the time off and filling the cars to ensure as many girls as possible got an opportunity to play and represent the club. A true show of teamwork - GO REDBACKS!

COACH Rachel Ward

J9/10 Fuel to Go Championships





Minkey/Grads

Our youngest superstars!

These kids are the future of our club and I think all the Coaches would agree that this year, all participants showed huge commitment and development throughout the season.

This was probably one of the hardest years in a while. With lots of cold, wet, and windy weather, and challenges with COVID and illness, our numbers were much smaller than usual. So we really want to celebrate all the kids and parents who turned up when they could.

This year we lost a lot of our Grads who got moved up early to support Junior teams. But they did us proud and are already making a huge impact for their teams. The kids in Grads got pushed this year and it has been incredible to see how far they have developed with incredible foundational skills and confidence. Thanks to Vynnie and Trent for sharing the coaching role, and the others who stepped in on occasion, to guide this group towards a long future with hockey.

Our younger kids were supported by Kaycie, Tanya and James and a whole pile of wonderful parents who stepped up to help. From setting up obstacle courses to helping pack up, I am so grateful for this support. We know that the kids learn better, it helps coaching

and fosters a great culture of support and team spirit when parents step in.

These younger players really focused on team building and basic skills and by the end of the year were owning the games with confidence and joy.

Our annual Super Hero Day happened at the end of Term Two and the kids had so much fun.

A really big thank you to the coaches who stepped up this year. I was absent a fair amount having my son move up to Juniors. It is so super exciting to see this group of parents continue to help and we encourage you all to put your hand up next year. We hope you are looking forward to 2023 season and we wanted to let you know that there will be a few changes to how we support the Minkey/Grads group which will make things easier for you and rewarding for the kids.

Thanks again for a great season.

MINK/GRAD CO-ORD Sarah Blake



MINKEY/GRADS



Well done on a great year of hockey!!



MINKEY/GR







J5/6 Boys 1

Division 2 GOLD

Both J5/6 Boy's teams had just 10 players at the beginning of season 2022.

All of the boys learned a lot throughout the first six rounds, as some of them were playing on a full-sized field for the first time, but they handled it well and gave it their all. The boys should all be extremely proud of themselves.

The boys tried their hearts out every game, and the results started to follow, with our biggest loss in any game for the remainder of the season being by only two goals.

With four victories, three draws, and three losses, we finished in third at the end of the season.

Oakley Crouch finished with 10 goals leading the goal scoring, followed by Ashton Tinnock with 7. It was great to see some solid and constant efforts from all the boys, with some being rewarded with their first goals.

Big congratulations to Ashton Tinnock & Trey Phillips for their outstanding seasons and were rewarded with F&B and R/Up F&B. Another big well done to Alex Benson, who was awarded the Coaches Award.

It has been a great privilege to be able to coach this group of boys over the last couple of years & I look forward to seeing all the boys return in 2023, in either J5/6 or J7/8's.

I would like to thank Geoff for being my manager again this year; all the running around you do makes coaching so much easier.

Contributed by...

COACH Todd Ford



J5/6 Boys 2

Division 3

So another season has reached its end.

This year the team welcomed a host of new players, most of them having their first experience of full field hockey.

The boys gave their best in every game and came away with a respectable amount of victories and were not defeated by large amounts in the games they didn't win.

Once again, we will see a fair few heading up to 7/8's for next year and we wish them all the best as we do for those staying in 5/6's.

Contributed by...
TEAM MANAGER Geoff Tinnock



J5/6 Girls

Division 2 BLACK

The season started looking pretty bleak.

The 5/6 girls barely had enough players to take the field but against all odds they won their first game through sheer grit and determination, a theme that would go on to repeat itself week after week throughout the season.

We welcomed new players to the team after the first game, some of which had never picked up a stick before; you wouldn't know it though.

Despite how our team's mixed experience stacked up on paper, being put up a grade to 2nd Division halfway through the season, the girls stayed positive until the end. They believed they were as good as any other team in the competition. They were right and went on to prove that to us all, finishing second by the narrowest of margins.

It wouldn't be fair to single out the efforts of individual players, as every girl in the team made the team what it was. They all contributed to the team's success, they all had a turn at driving the coaches crazy at training with their talking and they all made manager Matt nervous at some point as to whether or not they could play that week or forgetting something on game day.

The important thing for the girls to remember is that they will never play in a team exactly like this again. Some will go on to play other sports, some will take a break and some will move up an age group. Whatever the case, there will always be this special bond between all of the girls, coaches, manager and parents.

We did it the best way we knew how - through sheer grit and determination!

Contributed by...

COACH Kellie Sadler





J7/8 Boys

Division 4 GOLD

At the beginning of the season, I said that as a Coach, my main aim was for the boys to enjoy themselves...

...enough that they keep turning up for training and for them to improve as hockey players. Well, they kept coming to training and turning up on game day, so I guess they were enjoying themselves. As far as improvement I can honestly say that each of them is better than they were. Skill level has gone up, teamwork has improved, game awareness is better and confidence in themselves and their ability has grown.

It's easy for a coach to pick out the one-or-two star-players and fit everything around them, but that isn't always the best thing for the team because you can lose the interest of the other players. I was fortunate this season in having a strong nucleus from last year and a group of boys who came in and worked hard to improve. Each one of them found a role that they could make their own and develop in.

Arun, Ollie and Noah provided a strong core, but they were allowed to do their thing because the others were strong around them.

Mason worked hard with Bayden to develop his keeping skills. Tate and Xavier were the most improved in tackling and gave us a solid defence.

Jack E, Jack G, Jace, Riley and Blair were strong enough in their play that I could move them around into different positions and know that they would perform well. The most valuable player to have, is one that can play a number of different positions well.

And then we had Jackson, who could sniff out a half chance at goal from the car park. Coaches love having someone with a natural instinct for popping up at the right spot just as the ball gets there and I'm sure he will score a lot more goals next year.

continued...

J7/8 Boys Div 4 Gold

(continued)

This group have been great to watch as they have grown and improved. I hope they all come back next year, and we get to see their continued development.

I hope as parents you feel that the endless drives to training sessions and game days has been worth it.

I certainly do.

Contributed by...

COACH John Wood



J7/8 Girls

Division 3

The 7/8 Girls started the season in Division 2.

While they fought hard, the decision was made to re-grade to Division 3. This saw the girl's confidence grow as they started to score more goals and win games.

The girls ended the season 5th.

Highlights were the Bunbury Carnival. The girls put in a great effort.

The girls first win for the season was against Melville.

Special thanks go to Dave Klinck for coaching this season.

Thank you parents, for getting the girls to training and games each week.

A special mention to Charlie for umpiring.

FAIREST & BEST:

Sophie Taylor

R/UP FAIREST & BEST:

Taryn Byrne

COACHES AWARD:

Bronte MacDonald

Contributed by...

TEAM MANAGER Suzy Taylor





J9/10 Boys

Division 4 GOLD

This year I had the privilege of coaching the 9/10 Boys team.

The year started off with a few challenges, considering on paper we had 8 names and were looking like we may not field a team and then throw in the challenges around COVID as well. Thankfully, the club was able to help shuffle numbers around and pick up a couple of players.

The team had a vast array of experience with some boys playing in their first season and some boys as seasoned campaigners. To the boy's credit they had a fantastic season finishing the year in 3rd place. They definitely showed that when they stuck to the game plan and played as a team, they could challenge any opponent.

Most notably was the last game before the break, where the boys defeated the 2nd ranked team Peel 4-1. They controlled the game from start to finish.

It was a successful year considering we started off not knowing if we were going to have a team to finishing 3rd.

I just want to thank all the parents for their support this year and to the parents that were able to help out along the way. To Phil, thank you for umpiring all year; that made my job a lot easier.

To the boy's, congratulations on a successful year! You were great to coach, never complained and I could see everyone came to trainings wanting to improve; you made it a very enjoyable year.

Congratulations to the award winners. Hamish you had a stellar year winning Fairest and Best. Travis had an unbelievable year to come R/Up Fairest and Best. And Max, who won the Coaches Award, started out never playing a game of hockey before to finishing the season like he had been playing for years.

continued...

J9/10 Boys Div 4 Gold

(continued)

Congratulations to Zack on scoring his first goal ever. To boys that notched up their 50 games for the club, great work and I hope to see some of you lining up in the 1's team in the next few years.

Biggest thank you goes to Katie, my wife, for being the team manager this year, you did a great job and I am very thankful.

In closing 2022 was a great year and I really hope the boys enjoyed themselves as much as I did.

Good luck to the boys playing 11/12's next year and I hope to see you all still playing in 2023.

Way to go Red and Black!

Contributed by...

COACH Christian Oskam



J9/10 Girls

Division 3

Wow; it's hard to believe the season has come and gone.

Time certainly does fly when you are having fun. They say never work with animals, children or coach your own child. Now where would be the fun in sticking to the rules!!

This year coaching the J9/10s girls has been a fun, sometimes frustrating but ultimately a very rewarding experience. It has been wonderful watching these girls grow their confidence, stature and skills. We were lucky to be able to join with the 11/12 Girls squad for training sessions, which had a huge impact on their skill development along with their fitness, thanks to the sprint drills Vinnie cooked up and the dreaded beep tests. (Although I'm not sure if it was the groans emitting from the girls or the wicked grins on the faces of the adults looking on, that made it a great idea!) They came together to support and nurture each other, and we had a very mixed bag of results, however, there were many

games where the scoreboard did not reflect the effort the girls put in.

It's extremely hard to pinpoint any highlights during the year as they were numerous. There was; the interesting dance moves from Issy and Moo during the warm-ups. The splits and recovery offered by the amazing Mikayla in goals. The magic glove used by Siella to dominate in midfield. The "no ball gets past me" attitude of Chelsea, Atari and Lateisha. The complete fearlessness of Isla and Caitlinn as first runners. The never give up attitude of Isabel and Eleanor. The "get out of way" approach of Chloe. The "let's have a go" approach of Gemma. And the winning goal from Georgia. Not to mention the amazing fill ins from the 7/8 Girls. Thanks to Amelia and Bronte and the incredible and talented Kobi who helped us out when we needed her.

continued...

J9/10 Girls Div 3

(continued)

At times I think the girls could compete for Australia in the Olympic event of 'eye rolling', but I knew they secretly didn't mean it; just teenagers showing they have an opinion!! They truly are a joy to be around, and I have loved the car journeys and education in music. Even when I was videoed raving in my car by Chloe as I exited the freeway too early and went to HBF Stadium not HBF Arena. Just proving we are all human!!

Thank you so very much to the parents who supported this wonderful group of girls week in week out, with early starts and cheering on regardless of the result, even when we lost the win in the dying seconds of the game!!

My final thanks, gratitude and huge respect goes to the following:

The Assistant Coaches, Nev Ford and Danni Butler, who helped me out when I was too busy watching the game and remembering who I had subbed and making sure that my 2 penalty corner runners were not off at the same time...thanks Caitlinn for pointing this out numerous times!! Their support for the girls and for me was unwavering and I can't thank them both enough. Although I am slightly worried that Nev and I always seem to have the same comments to talk to the girls about at halftime. Maybe I do know what I

am talking about..!

My fellow Coaches, Vinnie Malone and Kym Jeffrey, who shared the workload of 2 training session per week, combining the J11/12 and J9/10 was an inspired decision by the Junior Director!

Kev Grinham for being the team medic and for taking the warmup sessions, where the girls didn't realise, they were learning leading runs and teamwork.

Thank you to Maddie Fallon for umpiring; taking no nonsense from players or Coaches!

And finally, to Kellie Harold, who was my constant at training, mixing in and being my 'Demo Girl' to explain the drill and bring pace and energy to the session. The girls loved having you, Kellie, as part of the team!

I am looking forward to seeing what these girls will achieve next season, as we will only be losing 2 to the J11/12 as the majority are Year 9! It has been a wonderful, fun, frustrating, nail biting, energetic time and I would not trade a minute of it. You all should be so proud of yourselves. See you next year girls.

Collaborated by...

**COACH Rachel Ward
& ASSIT COACH Danni Butler**





J11/12 Boys

Division 2

Another year passes and goes with it, my second year of coaching, but what an exciting one it has been.

Coming into the season, we started with a very large group of boys. All very different in their own ways, they joined together to form one big unit of 18 in the beginning.

This year definitely wasn't a walk in the park for the 11/12 Boys.

The first couple of games were an extremely tough time for the boys. Mainly due to transitioning into a tough division and, for a lot of the boys, learning new play styles for positions they have never even played previously.

In some ways, we made it work, in other ways not so much. But it was great to watch these boys evolve into stronger and more developed players, giving many enough confidence to push themselves into Seniors and make some great impacts.

This year has been filled with many highs and many lows and through it

all, the boys still managed to come out of it with their heads held high. Especially after finishing off the season with what you could possibly say was their most hard fought game all year.

Looking back, I can't express how proud I am of all these young men, and how much they have matured and adapted this season. Many of them showing their leaderships skills which is a great sign for the future of the club.

It has been an absolute pleasure to coach them this year and I hope very much I will be playing along side many of them in the next couple of years.

Thank you to all the parents for the late night trips and commitment you have put into travelling and a big thank you to our team manager Mel, who has done an absolutely incredible job for the team this year.

Contributed by...

COACH Jesse Watt



J11/12 Girls

Division 2

2022 started with the 11/12 Girls squad not even playing this year.

After a couple of emails and convincing people to help, the girls started training a couple of weeks prior to the season. Most of the girls who played this year were from Year 11, three from Year 12 and a few players helping out from the Year 9/10 girls.

Playing in Division 2 was very difficult for the girls and they had a lot to learn about the game and how to play in the higher division. They continue to out-do themselves every week with opponents stating that their "defence was amazing" and "your goalie was brilliant".

The girls, throughout the season, gave it their all and never once gave up during the game. They continued to grow as a team, and I know in the future that they will be brilliant hockey players.

My thanks goes to Kym Jeffrey and Rachel Ward who covered for me (Coach) whilst away on deployment. And many thanks to Kevin Grinham who put in the time and effort in managing the girls and running the fitness training. I could not have coached this year without their support.

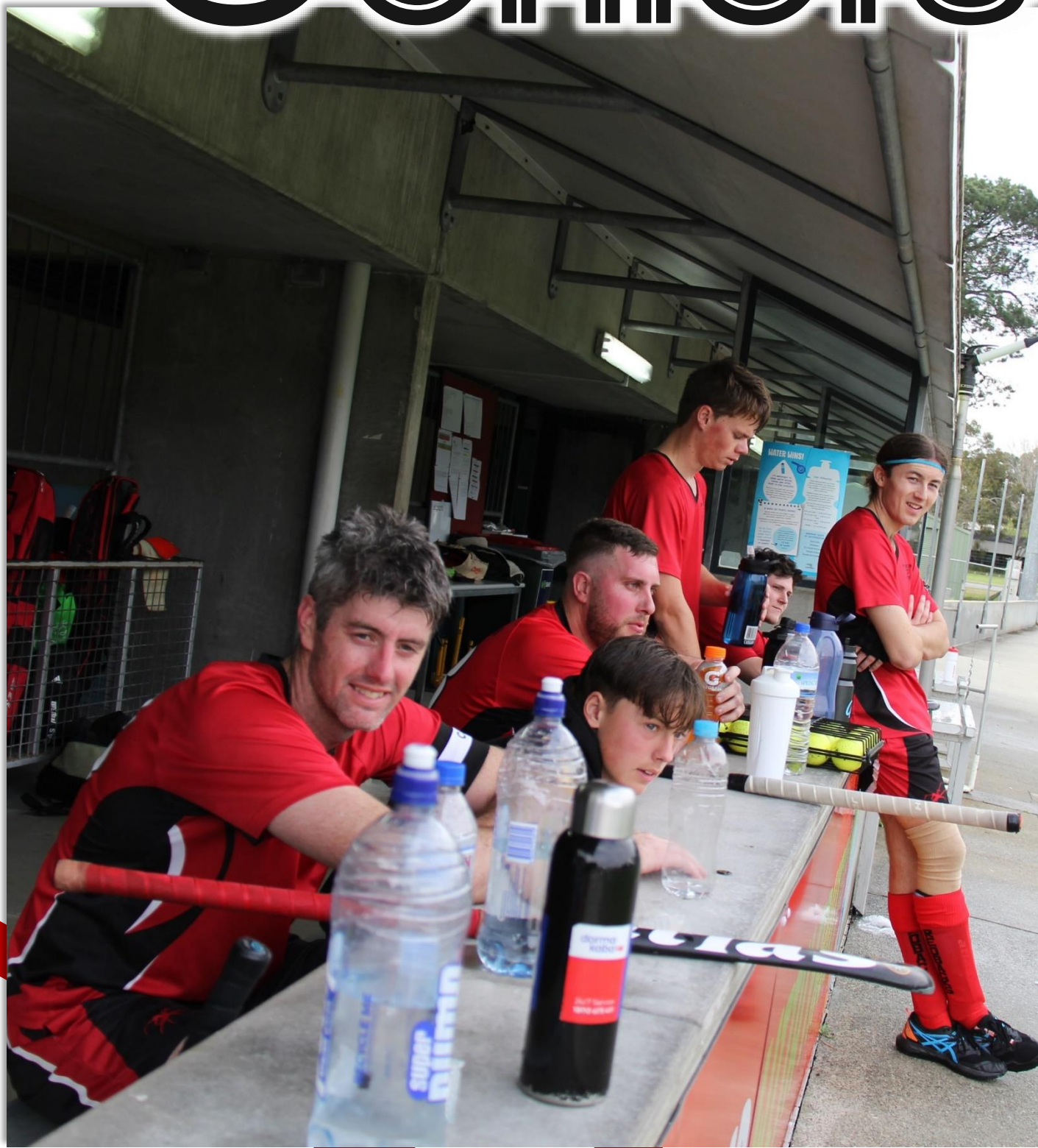
One last note; I would like to give a big shout out and thanks to the parents who supported the girls and transported them to the games at all different timings and venues. Once again, thank you!

Contributed by...

COACH Vincent Malone



Seniors





FROM THE **Senior Director**

Paul Youlden

2022 has been a challenging year for our Seniors.

Our player numbers across the squads was tight, which resulted in a few games forfeited this season from both Men's and Women's. We, as a club, need to work hard to develop and retain our Juniors for the future, plus retain and attract Senior players to add depth within our Senior squads.

Despite the challenges, our Rockingham Redbacks Seniors still competed strongly throughout the season. We had a number of teams involved in finals campaigns, which included the Men 1s, Men 4s, Men 5s, O/50 Men's and O/35 Women's. Big congratulations to the Men 5s for their Grand Final win!

Our Men 1s performed strongly again this season reaching the Grand Final but unfortunately beaten. However, they finished top of the ladder and earned promotion to Premier 2 grade, which is an outstanding achievement for the team and our club.

Nil complaints or issues from Hockey WA's perspective this season, in relation to our Senior Squads, which is a great effort by all. Team Managers and Coaches did a tremendous job at keeping the admin running smoothly; thanks to all the usual club legends involved.

As announced at the recent AGM, the Board has decided to transition the entire club to wear our more traditional colours of red top / socks for next season (as already worn by our 1s Men and Women for many years now). The Board believes it is important that the club is united across all grades wearing the same outfit, with the black outfit being worn as alternative strip when required.

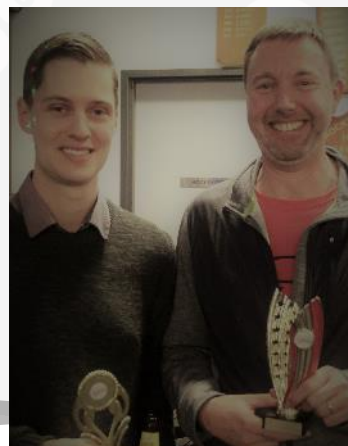
Thanks again for all your support throughout the year with our Senior teams. I encourage you all to get involved with a summer hockey competition or enjoy the summer break and see you next season!

SENIOR DIRECTOR Paul Youlden

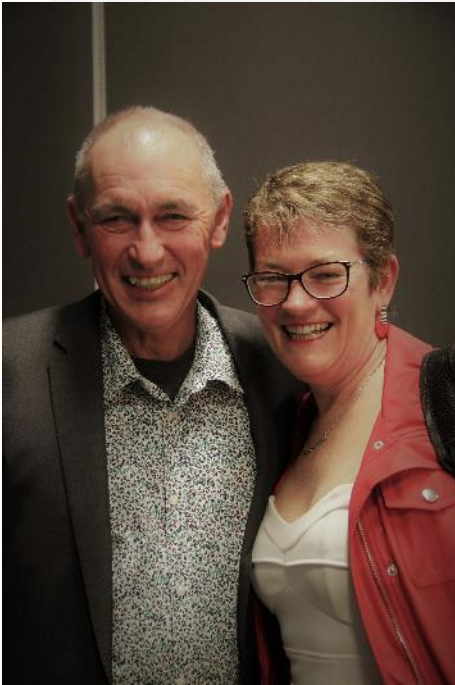
Senior
Presentation
Night 2022
17th September at the ASDIO clubhouse
\$40 a ticket
by pre-order / on presentation
canses & plates into the air
tickets available at the bar

Senior Presentation Night







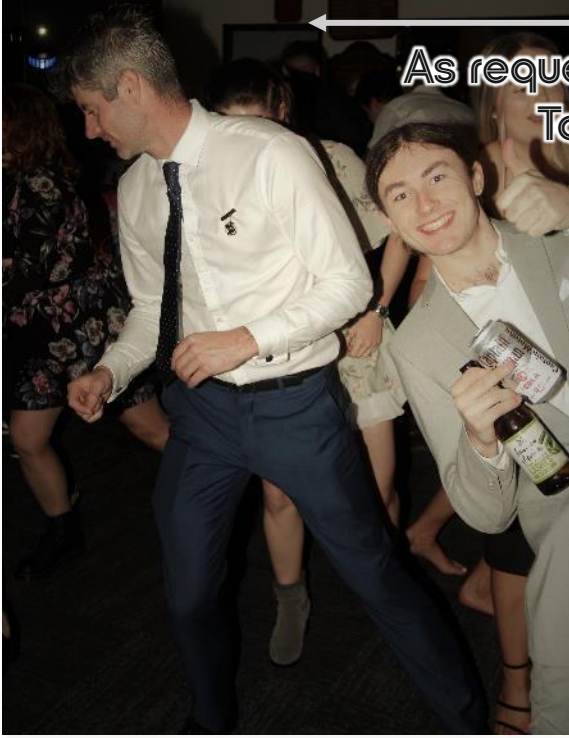








As requested...newly anointed Life Member
Tom's annual pilgrimage to the
Nutbush City Limits.







Mens Prem 3

(Mens 1s)

A very successful season for the Men's 1's, ending in a 3rd Grand Final appearance in 3 years.

It's been a fantastic year with only 5 points dropped for the entire league season, as the boys were crowned Minor Premiers and secured promotion to Prem 2 for the 2023 season.

As always, the team has been led superbly by Tom Hunter and helped by the experience of Brett Webb and Christian Oskam.

New signing, Bumpy Crouch, has added some great skills and unselfishness to the forward line. Jarod Crick has provided another goalscoring option, alongside top scorer Brandon Phillips, and Connor Gunning has backed up the forward group with his speed and work rate.

Quentin Smith has added steel to the midfield and the defence has been solid throughout. Marshalled by Dave Wilson, the combination of experience from Joshua Clarey and

Lee Brown has combined with the youth, potential and carefree spirit of Gharrie Meerton and Paddy Burnside.

A special mention should go to our goalkeeper, Lex Krige, who has had an incredible season conceding only 11 goals in the league in total.

As always, there has been great support from the 2's with a number of players coming in and making contributions, in particular Stevie Taylor who has done a great job in midfield and Ash Ford has covered a variety of positions asked of him and done extremely well.

Jonte Sadler has come into the mix in the latter part of the season and added another dimension to the forward line, scoring his first goal for the 1's in a 9v0 thumping of Guildford.

continued...

Mens Prem 3

(continued)

Additionally, Jono Cooper has added some big tackling in his forays back from FIFO work. I'd also like to thank Jordan Barrodean and Matt Anson for stepping in when they could do and making a real impact.

I'd like to thank Ken for all his efforts with the 2's this year in difficult circumstances.

Unfortunately, we fell just short in the Grand Final, losing on penalty shuffles. However, it has been a hugely successful season getting the Men's 1's up into the next league and there is no reason the team cannot keep pushing forward to more success in the future.

Contributed by...

HEAD COACH Matt Wells



Womens Prem 3

(Womens 1's)

A season of near misses for the Ladies 1's.

Some excellent play and performances have not necessarily transferred into results unfortunately and the final standing does not tell the tale of a season in which we were highly competitive in every game.

Playing a different structure under a new Coach is at times tricky, but was made easier with returning players wealth of experience. This experience was always well backed up by the mix of young talent within the team. By the end of the season, we were pushing the top teams in away games and were unfortunate not to come away with more wins.

A huge thank you from me, goes to Meagan Phelan and Nicole Webb who have both led the team superbly this year. They remained positive during some hard fought loses and always lead by example. They were ably assisted by the calming presence of the returning Sheridan Smith, who has been a rock at the back all season.

The forward and midfield line has seen the youngsters make a massive impact. Petra and Gazelle Verster, combining with New Clarke and Kyra White, have all improved throughout the season. None more so than the Rising Star, Jaimie Sewell, who has been integral to the forward line. These girls have been supported by leading goal scorer, Bec Ho, as well as Stefanie Kenyon and Sara Johnson.

Alana Le Cocq has added energy through the midfield once she finished getting married (just ask her about it). The defence of Sarah (Beans) Wright, Abbi Greenaway and Teisha Kerley backed up by the indomitable Roberta Walton has proven a tough nut to crack all year.

They have been bolstered by the returning FIFO commitments of Amber Morley and Vanessa Wells, who have been fantastic when available.

continued...

Womens Prem 3

(continued)

A special mention to Tatum Gittins, for never letting a player get past her, and always winning a yellow card of appreciation from the umpires.

Mikayla Stephens has been a shining light for the Ladies 2's and has rightly deserved her place in the 1's at the end of the season. A big thank you to Kym Jeffrey for her hard work with the Ladies 2's.

Last but not least, Caity Wilson, who decided twins were more important than the season but has been amazing on the sidelines alongside her Mum and Club Legend, Wendy Wales.

To the girls, thank you for all your hard work throughout the season and you should be extremely proud of yourselves and what you achieved in the circumstances. I am incredibly proud of you all.

Contributed by...

HEAD COACH Matt Wells



Mens Div 6

(Mens 2s)

3 Wins

4 Draws

10 Losses

1 Forfeit

FINAL POSITION: 9TH

Mens Div 7 GOLD

(Mens 3s)

5 Wins

2 Draws

9 Losses

2 Forfeits

FINAL POSITION: 8TH





Womens Div 6

(Womens 2s)

Ladies 2's, it has been well and truly an up and down season.

Which credit has to go to the Women's Squad, for players playing up and down and multiple games each week to allow us to field a team.

With that said, each week the girls showed their determination and abilities all season.

This was led throughout by their Captain and Manager- of- all- Managers, Mikayla Stephens.

The highlight of the year was watching a multitude of Junior girls come through the ranks and improve every single week.

There may not have been a lot of W's for the year, but every week it was a hotly contested game. The development shown by the Juniors, which was led by some of the Senior women within the club, was a privilege to both watch and coach each week.

A huge shout out to the core group of Senior women (Mik, Teisha, Tegan, Sarah, Mel, Stef, Sierra and Kellie). The pep talks and stellar music choices, always kept the girls pumped up.

A special thanks to Sarah J for both stepping in as a Coach and player whenever we required.

Well done to the following Juniors for making their 2's debuts this year - Chloe, Izzy, Siella, Kobi, Maddi, Naomi, Lorelei and Isla. A fun loving and amazing group of women and those pesky teenagers!!

Well done girls and thanks for making it fun even when it was challenging. And a huge thanks to the entire Women's squad of Rocky, without you all helping, the 2's wouldn't have run on the pitch.

Contributed by...

COACH Kym Jeffery



Womens Div 7-GOLD

(Womens 3s)

This time last year, we were celebrating our Grand Final win ...unfortunately, this year bumped up a division, we had to settle for 6th place.

Being put up a division, we were a little worried we wouldn't be at that level, however I think we well and truly showed we were good enough for the grade. In the last game we took it right up to the 2nd placed team, scoring 2 goals against them when they had only had 9 goals scored against them all season.

Usually playing teams higher up the ladder, our defence had to be strong. Our runner up F & B Jodie, was absolutely solid in the back line, and with Sabrina manning the goals and yelling out encouragement, we were never out of the game.

Even when coming up against the top teams, we would make them work hard for every pass and every possession. Then maybe towards the end we would start thinking about the after-game drink and then they might have snuck in a

goal or two. Finishing off games was probably not our forte this year.

Our forward line was a little barer than we would like. Even with different players around her every week, KP was always running around making lead after lead, always giving the back line an option. Unfortunately, Peaches was only able to grace us with her presence every second week, but she sure made those games count showing off her silky skills.

Sue rudely left us halfway through the season to go galivanting around Australia, leaving us an inner short. Dee running around like a headless chook, trying to be inner x2, also had time to be our top goal scorer. She had some amazing field goals, but nothing will beat the Sue/Dee 'pass-pass' short corner routine; gets 'em every time.

continued...

Womens Div 7 Gold

(continued)

Goal/celebration of the year has to go to Rachel WarDIE. Cracked in off a short corner shot on goal, it took a deflection off her stick. She looked around, up, down and side to side not able to figure out where the ball had ended up, making an audible grunt when she thought she'd missed it. Then a massively delayed celebration followed as she realised it had popped up and over the keeper and found its way into the back of the net.

Starting out the season with a bare 11, we very much had to call in a lot of favours to get a team on the pitch every week. On top of this we also had to contend with illness, isolations and too many injuries to count. Maybe goal of the year should have gone to BK, showing off her soccer skills by heading in a goal. Kept her out of the side for half the season and ensured the use of masks in all short corners from then on.

We also decided to swap our Kellie's around. This time it was Sads taking a ride in the ambulance with a nasty ankle dislocation.

Massive props to Nic who pushed through the morning sickness to give us an extra player; CONGRATULATIONS!

With all the player troubles, we did our best to steal Liana over from Masters, talked Bert into a game whenever we could and would beg and plead for 4s players to double up.

We also called upon many Juniors throughout the season, some of them probably ended up playing more games than the Seniors. Moo and Lily started out as fill-ins, but we very quickly adopted them into the side and it was amazing to watch them get better and better every game.

We can't thank all the 4s, 2's, Masters and Juniors enough for helping us field a team each and every week. We couldn't have had all the fun we did without you.

Basically fielding a new team every time we walked out onto the pitch, this season was tricky. But rocking up to every game, you knew there would be pegs, laughs and a whole lot of fun. Very lucky to be a part of this amazing group of people and can't wait to do it all again next year.

Contributed by...

THE ASTOUNDING Eddie





Mens Div 8 GOLD

(Mens 4s)

Season 2022 saw many of the 2021 team return.

Along with Lee Hansord returning after a year off, new faces Zhane Robertson and Lars Grov began playing their first season for Rockingham, joined with the familiar faces of Derek Robinson and Paul Youlds coming back to the 4s.

We had a group of 14 players for the 4s this year, but due to injuries, covid, flu and holidays we ended up having to use 28 players over the season, with a lot of our games played with 12 players.

After finishing 8th in 2021 we started off season 2022 with a solid 8 - NIL win over Fremantle, and it was fair to say a lot of us were thinking we were going to do better than 8th this year!

Over the season we ended up with 12 wins, 3 draws and 3 losses that saw us finish 2nd on the table. Fair to say, one of our losses and two of the draws were winnable games for

us as well, but having an ever-changing team each week saw us struggle at times to get the team game plan working.

Only once in the season did we play with our full team of 14 players; our semi final. It saw us defeat the minor premiers, Reds, get a week off and go straight through to the Grand Final.

The week off though, seemed to work against us with a couple of the team going down with a nasty flu, forcing us to call on the ever-helpful Chad Hicks and Lee Cousins to help us out.

Unfortunately, we weren't good enough on the day and lost to Reds 2 - NIL. Even though it was disappointing we lost the Grand Final, the improvement from 8th to 2nd in one season was huge.

continued...

Mens Div 8 Gold

(continued)

To quote the end of season report from 2021: *"Luckily playing hockey isn't just about winning (although that is nice!), it is also about a team of good blokes getting together and having enough highlights from the game to talk about over a beer for the next week"*. Same can be said for 2022, although it must be said, the beers taste better when winning!

Congratulations to Lee Hansord (Best and Fairest) and Zhane Robertson (R/UP Best and Fairest); both deserved winners, with many other players pushing them each week.

Special thanks to Brad Ball, Lee Hansord and Paul Youlds for Captain/Coaching the team, and to all the players who helped with double ups during the season. We wouldn't have won the games we did without your help.

So, we look forward to next season with plans to put it all together again for 2023, and hopefully go one better!

Contributed by...

TEAM MANAGER David Buckley



Womens Div 9 GOLD

(Womens 4s)

Best utensil in the draw, if you ask me.

There may not be lot of glamour attached with the humble wooden spoon, but no one can deny that when you are whipping up a batch of chocolate chip dunkers for your cuppa, you wouldn't want anything else mixing the good stuff together.

And that's the Womens 4's; a big mix of good stuff. No matter where you are on your hockey or life journey, the 4s are pleased to have you on board! This year we had 32 players to our RevSport stats. Like every other RDHC team, it's a reflection of the year that was 2022 and the absolute diddly a nasty virus can cause.

I get the feeling the other teams in the division came in expecting a picnic and left confused and exhausted at the hard win they just had to work for. Each week was a new team combination for us to figure out an on-field harmony and what we lacked in victories we certainly made up for in dogged

determination to get out there and do our absolute best. We took away a sole win for year, an unexpected bewilder as much as it was an awesome game!!

We love new faces and those that feel ready to return from a hiatus. Tracey, Kaycie, Gracie & Dallas were with us part time, giving it a go around work, FIFO, kids and holidays. Michelle, Kristy, Megan, Yiana and Gemma were welcomed faces each week and valuable sticks on the turf, bringing with them experience and positivity, melding to the 4s vibe perfectly.

Zirkie, after viewing from the sidelines as the diligent hockey Mum, took the plunge and joined the team. What we discovered from that plunge, is that Zirkie is actually a Goalie Master, slapping nonsense from her territory like she's been doing it all her life.

continued...

Womens Div 9 Gold

(continued)

The OG's back for another rodeo were Danni (thanks for keeping the admin wheels a -turning!), Potts & yours truly. Des, Kaylee, Jodie and Sarah made it too when life and FIFO rosters allowed, and we wished we could of seen more of them! There was no takesy backseys for Jenna when she posted she was thinking of a return- you will be attending Jenna, thank you very much!

We had 11 Rugrats in the team during the season. Isabelle, Caitlinn and Chelsea were our staple three Juniors and they brought with them speed, skill and fantastic attitude. A massive thank you to Lateisha, Dakota, Freya, Lorelei, Chloe, Moo and VK, for being there for the 4s when they could and we asked (all the dang time!)

A special mention and thank you to Delaney, who stepped up from the 7/8's to fill the goalie void for us when Zirkie was away. We are so grateful for your help Delaney and extra grateful for all those goals you kept outta the box.

Thank you to the parents and carers of our Juniors, who toted them to training and the games, especially those evilly scheduled ones, and supported their daughter's hockey endeavours and by extension, the RDHC Women's squads.

Thank you also to Kaelee Parr, Sabrina Earle Sadler and Charlee Stewart, for being a part of the team when we needed you.

Big Ump up's to Maddi, who umpired nearly all our games. Maybe next year those cards will come out of the pocket and you will have the opportunity to send your Mum to the naughty chair for a little time out. (There are plenty of us willing to drive you home!!)

And let's not forget all who came and helped us out with the bench this year. Phew- talk about life savers! Thank you each and all and especially Kellie "Eddie" Harold for all that you did for us!

Our success this year was not what the scoreboard read at the end of the game, but our ability to learn, evolve and improve as a team as the season progressed. Add in the new friendships forged and the fun times had on and off field, and it was a pretty gosh darned good year.

So here's to you Womens 4s! A big ol' mix of good stuff, stirred together with the Wooden Spoon of Champions!

Contributed by...

CAPTAIN Georgi Jackson



Premiers

Mens Div 9 GOLD

+ Gavin Fitton M.I.A!

(Mens 5s)

The 2022 season for the Mens 5's will be remembered as, despite all the impacts of COVID, a year of coming together.

It will also be remembered as the year of the double flag, with the lads getting the chocolates as Minor Premiers and taking out the Grand Final.

31 players had a run during the year for the team, but in the end the team settled on a solid 17 players to carry the group into a finals campaign.

Early in the season the team took some time to figure out how to best play together. During this time Jace Baldoni started his journey in the forward line, before moving to the midfield and ultimately dropping to the back line in the last two games of the season.

Greg DeAngelis and Lee Cousins thrived in their attempt to run as many km's over a weekend by helping out the 4's on occasion and then playing big minutes as inners.

Lefty Phil Hargrave inspired terror amongst opponents with his uncompromising attack on the ball and when the occasion called for it, the shins of opponents (no opponents were physically injured).

Alex Kapor and Vincent Malone took mid season sabbaticals and left considerable holes in the midfield. This was exacerbated when the spiritual leader, in Andrew Phillis, needed emergency surgical intervention as the result of ignoring a hockey injury.

The team were also blessed in having two of the best keepers the club has seen in Tim Manning and Chad Hicks and, combined with a full back wall that Donald Trump would've been proud of in Tom Smith and Gavin Fitton, the back line was rock solid.

continued...

Premiers

Mens Div 9 Gold

(continued)

Michael Pugliese played the ultimate team role by swinging through just about every position on the field when the team needed it.

Jace 'The Rascal' Baldoni anchored the middle for the season and managed to sneak forward and jag goals, making him the team Best and Fairest. With Marc Foley doing his best to snap hamstrings every time he played, he was the teams leading goal scorer proving the saying that "Foles Gets Goals" is 100% accurate.

He was well supported by Timothy Moth Price up front who also sacrificed his chance of being the top goal scorer by dropping back into the midfield to help carry the load.

The team had the good fortune of two late season additions in Paul Overton and Diarmuid Carlin who added a significant amount of on field and off field swagger to the squad.

Despite losing a first final and having to go the long way around, Chris Nolder lifted the flag after the Grand Final in what was a season to remember for the 5s!

(Tim M, Gav, Tom, Vynnie, Phillis, Jace, Alex, Carlin, Gregolas, Cousins, Lefty, Foles, Puggers, Price, Paul, Nozzle & Chad)

Contributed by...

TEAM MANAGER Tim Manning





Mens O/50 Div 4

(Mens Masters)

We started the year off well with a 7 - NIL win over Blades...

... and this was where it lasted for the next couple of games. The rest of the year was solid, but we were unable to score goals when we needed too.

We ended the home and away season 3rd, but unfortunately, we lost our semi-final 3-2 to Hale. We had plenty of chances to score, but couldn't find the back of the net to take the win on the day.

Our team consisted of the following people...

Vanessa McRae *The Lady* - Always supports the team, likes to give advice when necessary, supply's us with great nibbles after the game, most important person on the team.

Alan Mills *Mr Speedy* - Solid performances throughout the season, great player and tremendous team player.

Geoff Tinnock *Mr Reliable* - Great performance throughout the year, very under rated player, extremely talented.

Gary Smith *Mr Achilles* - Great team player, was glad to come on as required to help others rest and sneak in a goal or two.

Mark Gilibrand *The Pacer* - Never gave up, continuously running, always put in 100%.

Mike Tierney *Mr Hearing* - Just don't call him from behind. Great player, reliable, continuously knew where to put the ball for players to run on to.

Gary McRae *Mr Manager* - Great player, team man, you can always rely on him.

Stef Olejko *Mr Steady* - Reliable, always put in 100%, very talented.

continued...

Mens O/50 Div 4

(continued)

Manny DeSilva *Mr Ribs 2* - Plays hard, tries to take out goalies, very talented forward.

Peter Mullins *Mr Ribs 1* - First season with the club, very hard working and great talent, very useful player.

Dave Grov *Mr Consistent* - Versatile player, very talented, puts in 100% all the time.

Ian Yendell *Mr Hand* - Very talented player, runs everywhere, gives his all for the team.

Nigel Hinkley *Mr Goalie* - He has found his calling, covers and takes control of the goals with ease.

Rob Buckwell *Mr Talkative* - Fill in captain twice and two wins, 100% success rate. Gives 100% all the time, under rated player, great team player.

Leon Wende *Mr Cool* - Always has time with the ball, even under pressure, great player, very under rated player.

Gunner Grov *Mr Fill In* - Great ball skills, plays hard, very versatile player in any position on the field, goal sneak.

Murry Kent *Mr Best On Ground* - Took over from Bucky in the final as the player who hit the ground the most.

Paul Youlden *Mr Fill In* - Great team player, very talented, never get flustered, great team player.

Graeme Creedon *Mr Umpire* - Great umpire, when he's here, glad to give advice, when he has the whistle in hand.

Paul Ingram *Mr One Game Fill In* - Thanks to Paul for helping out when we needed him, always a team man and great player.

Lee Cousins *Mr Helpful* - Great player and team man, great skills, always has a smile on his face.

Ken Donovan *The Runner* - Never gives up, hard at the ball, great skills and great team man.

Dave Amm - Ever reliable and warming the bench this year, always ready to give helpful advice.

Lastly - **Ray Goddard** - *The Captain* - Can't do anything without the great players of the team of 2022. *Extract from Alan Mills* - very constant, great team man, great club man.

Thank you to everyone who has helped out through the season. You have all made my job as captain great; thank you for your support. I would like to thank the team for volunteering me to be captain for the 2022 season.

Contributed by...

CAPTAIN Ray Goddard

P.s love my team, this is why I continue to play with my injured old body



Womens O/35 Div 3

(Womens Masters)

And that's what we call an interesting season- in a good way!!

Because pictures say more than words, we felt we should share some of our oh-so-interesting and mature Masters chatter. Watch and learn!

Key words and phrases for the season:

WINE

EGGIES (thanks Ally!)

CHEESE & CRACKERS

BLACK EYE, BROKEN FINGER

POOR SARA BK - 'DUCK!'

A BIT OF 'RONA

A SWIM AND A RUN

LOST POWER!! STRAIGHT TO THE BAR!!

AWESOME RESERVE PLAYERS

ALLY AND LYN ON THE PITCH FOR A GAME. WE ALL LOVED IT (THEIR BODIES DID NOT THE NEXT DAY!)

GO ZIRKIE!

TESS AND SAM- TOP SCORERS!

FINALS- DID WE MAKE IT? YES WE DID!

Hockey WA	
Wins	Draws
6	5
Losses	Biggest win streak
5	2
Biggest loss streak	
2	



continued...

Womens O/35 Div 3

(continued)

Whoop whoop,
season starting!

That's exiting!!!! Hope
everyone is fit and
ready.....😂😂😂

😂😂 2

20 MAR, 11:07

Fit??
Ready??
Really not sure what that
looks like 😊

And I'm out....



😊



Power outages secret
Harbour and surrounds.

Larkhill no lights

😞

Zirkie

Pitch black

Jen

Lights are out at club. ETA
10pm according to WP
site 🙄

Jd

Straight to the bar

Also, our lovely group of
fill in elves/ rescue team
have been invited to
dinner too as they've
been so good to us &
helped us out many times.
In case you wondered 😊

👍 4



❤️

Roberta

Winning tickets guys!!
Even took the picture on
the "V" stand to give it
more oomph 😂😂



❤️ 4

Allyson

Ladies played an
awesome game, with only
10 players for most of the
game. Lost 2 nil, huge
effort by all.

❤️ 2

23 MAY, 22:31

Roberta

Update from BK
"I'm all good... no
bleeding inside the skull
or cracked bones. Just a
mother of a headache.
They've just released me
so we're on our way
home."

❤️👍🙄 10



❤️👍 6

13 JUN, 06:59

Just to let you all know
that Georgi and Suni will
be there to swim with us
on Wednesday, so with
Shanie there too we've
got 12 so all 👍

See ya'll there for a wet
one - love it!

👍 5



tenor
IT'S JUST A LITTLE PAIN

😂😂 3

Rebecca

I am sure we have played
in worse!!

Rachel

Hahahahahahahaha...s
o funny 😂😂

23 MAY, 12:00

Sarah

There is a RED weather
warning from RAC

Contributed by...

CAPTAIN Elleke Bosworth

WOULD LIKE TO THANK OUR 2022 SPONSORS



DRAKEBROOK



AND THANK YOU **MARK MCGOWAN MP**
FOR YOUR CONTINUED PATRONAGE

IS YOUR BUSINESS LOOKING TO HELP THE LOCAL COMMUNITY?
CONSIDER A SPONSORSHIP OF RDHC

CONTACT OUR VICE PRESIDENT, TIM MANNING
vicepresident@rockinghamhockey.org.au

OUTGOING (2022) BOARD

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VICE PRESIDENT Tim Manning

SECRETARY Katherine Anson

TREASURER Derek Robinson

SENIOR DIRECTOR Paul Youlden

JUNIOR DIRECTOR Rachel Ward

COACHING DIRECTOR David Buckley

FACILITIES DIRECTOR Damien Crick

FACILITIES MANAGER Alan Mills

UMPIRING DIRECTOR VACANT

COMMUNICATIONS Georgi Jackson

THANK YOU ALSO TO OUR...

REGISTRARS Rachel Ward
Allyson Candlish

BAR MANAGERS Gary McRae
Ray Goddard

INCOMING (2023) BOARD

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COMMUNICATIONS Danni Butler

COMMITTEE VOLUNTEERS

JUNIOR COMMITTEE Danine Powell
MORE VOLUNTEERS NEEDED

FACILITY COMMITTEE Danine Powell
Simon Clifford
MORE VOLUNTEERS NEEDED

SOCIAL COMMITTEE VOLUNTEERS NEEDED

THANK YOU TO ALL OF OUR VOLUNTEERS IN 2022.
OUR CLUBS HEART AND SOUL IS POWERED BY OUR
TIRELESS VOLUNTEERS & WE APPRECIATE
ALL YOU HAVE DONE THIS YEAR..

BE A PART OF OUR VOLUNTEER CREW IN 2023. WE NEED MEMBERS
FOR OUR **JUNIOR, FACILITY & SOCIAL COMMITTEES**.

HAVE SOME GREAT IDEAS ON HOW TO HELP RDHC PROGRESS
TOWARDS THE FUTURE? THE BOARD NEEDS YOU!

JUNIOR DIRECTOR COACHING DIRECTOR UMPIRING DIRECTOR

CONTACT ALAN TODAY
president@rockinghamhockey.org.au

FROM THE VAULT:

Courtesy of Wendy Wales

GOT SOME OLDIES BUT GOODIES STASHED AWAY?

(PHOTOS- THAT IS...)

WE'D LOVE TO SHARE IN THE MEMORIES WITH YOU.

WE ARE ON THE LOOK OUT FOR PREMIERSHIP PHOTOS DATING FROM NOW TO THE BEGINNING OF ROCKINGHAM HOCKEY.

SEND ALL TO
RDHCNEWSLETTER@
OUTLOOK.COM



Rockingham ladies penalty corner - hand stopping is Trena Watson, picker is Lorna Shirra.

HIGHLIGHTS of Murray Districts A-Grade: Waroona v Rockingham: Waroona failed to show their recent improved form and the game resulted in an easy 9-1 victory to Rockingham. Rockingham's deadly goalscoring sisters shared their side's goals with Wendy Mildwaters scoring five and Lorna Shirra four.

Rockingham trounces Wanneroo

IN THEIR first year of metropolitan competition, the Rockingham women's side caused a minor dispute by starting in the B3 league.

This placed them halfway up the league ladder, instead of starting at the bottom as other new clubs have done.

Rockingham earned its high position by good performances in carnivals and friendly matches last year and early this year.

After winning the first

two games of the season easily, the third was played last Saturday at the Goodridge Hockey Centre.

Rockingham girls faced their toughest test yet, a match against a super-confident Wanneroo side.

Rockingham began the game at a tremendous pace and within six minutes had two goals in the net.

The first resulted from a brilliant pass from Wendy Mildwaters to her sister Rhonda, who converted it into a neat goal.

The second was a flick into the goal by Sarah Tate, after a kick-out from the Wanneroo goalkeeper.

CONTROL

By half-time Rocky was completely in control - Rhonda Mildwaters had added two more goals.

The second half saw the Rockingham forwards dominate the play once again, and this resulted in a fourth and fifth goal from Pam Ford.

Rhonda Mildwaters then rounded-off the game with a good goal and gave Rockingham a well-deserved 7-0.

Afterwards a delighted coach Tim Pyne said it was the best he'd ever seen the girls play. The problem now is to maintain this form throughout the season and prove the positioning in the league was fully justified.

Best players: Rhonda



Premiers for three years in a row: Joy Blanks, Pearl Warner, Trena Janzyck, Angela Smith, Wendy Wales, Karen Gray, Lorraine McGinlay, Tim Pyne (coach), Sarah Tate, Hillary Cross, Rhonda Ford, Robyn Palermo and Pam Ford



Rockingham sisters (from left): Wendy Mildwaters, Lorna Shirra and Rhonda Mildwaters at the hockey championships.

IN MEMORY OF

Les McDonnell & Jean Mildwaters

With much sorrow we say goodbye to two of our club.
Les and Jean were wonderful supporters of RDHC
& their light & soul will be very much missed.

Our condolences to the McDonnell family.

Our condolences to Wendy, Rhonda & Lorna & their families.

BIG THANK YOU TO ALL WHO CONTRIBUTED TO THIS SEASON'S YEARBOOK. IT'S AN AMAZING REPRESENTATION OF THE YEAR AND IT'S DOWN TO YOU GUYS FINDING THE TIME TO HELP.

MANY OF THE PHOTOS ARE GATHERED FROM VARIOUS MEMBERS - THANK YOU! WITH EXTRA BIG THANKS TO **CARMEN CLIFFORD**, FOR HER WONDERFUL JUNIOR PICS.

KEEP UP THE PHOTOS AND VIDEOS IN 2023- SEND THEM IN FOR US ALL THE ENJOY AND HELP PROMOTE RDHC AS THE AWESOME CLUB US IN THE KNOW, KNOW IT IS!

KEEP SUPPORTING EACH OTHER & KEEP VOLUNTEERING. A LITTLE BIT HERE, A LITTLE BIT THERE AND BEFORE YOU KNOW IT, YOU HAVE DONE A WHOLE LOT AND MADE A REAL DIFFERENCE.

STAY WELL OVER THE BREAK AND SEE YOU ALL IN 2023.

xoxoxoxo

RDHCNEWSLETTER@OUTLOOK.COM